

## What reviewers are saying about *Turning Grief into Gratitude*

“**G**rief is the reflection of the love we share in life. This book brilliantly walks with us in our grief and helps us hang on to that love. Rabbi Reuven Bulka has given us a personal, compassionate and helpful look into the world of grief.”

—**David Kessler**, *top grief expert and co-author with the late Elisabeth Kübler-Ross of On Grief and Grieving*

“**R**abbi Reuven Bulka stands out for his combination of profound commitment to, and knowledge of Judaism, a deep understanding of psychology, and a truly extraordinary capacity for human empathy. They all coalesce in this book, *Turning Grief into Gratitude*.”

—**Dennis Prager**, *nationally syndicated radio talk show host, recipient of the American Jewish Press Association's Award for Excellence in Commentary, author of Happiness Is a Serious Problem and three other books*

“**N**o matter how Jewish the context of the stories, their universal quality shines out on every page: the deep love of a father and a mother, the sensitivities of people grieving the loss of someone they love, and the down-to-earth advice on how to allow mourners the space to feel real sorrow.”

—**Marcel Gervais**, *Archbishop of Ottawa*

“**I**n a respectful and compassionate manner [Rabbi Bulka] skillfully leads you through the mourning process using his personal experience as the guide.”

—**Jim Urban**, *Publisher of The Ottawa Citizen*

“**I**f you have ever wondered whether good parenting is what truly makes the man, you must read this book.”

—**Steve Madely**, *host of Madely in the Morning on CFRA*

“**A** thoughtful and sensitive book . . . a rabbi and psychologist, he [Rabbi Bulka] offers keen insight on how to deal with death and mourning and how to offer proper consolation to those who have lost loved ones. This is a touching and helpful volume.”

—**Rabbi Marc D. Angel**, *Spiritual Leader of Congregation Shearith Israel, and Author of Foundations of Sephardic Spirituality*

“**M**ost helpful to all of us who feel awkward during times of grief.”

—**Brian McGarry**, *CEO, McGarry Family Chapels*

“**W**hat a wonderful fulfillment of the Fifth Commandment. Rabbi Reuven Bulka has written a stirring and loving portrait of two remarkable people, his own mother and father. *Turning Grief into Gratitude* is filled with interesting anecdotes and wisdom. You leave the book understanding why Rabbi Hayyim Yaakov and Rebbetzin Yehudis Bulka have been such enduring role models in the lives of their children.”

—**Rabbi Joseph Telushkin**, *Author of A Code of Jewish Ethics, and Jewish Literacy*

“**R**abbi Bulka has used his wonderful sense of humour, his personal story of grief, his many years of experience as a Rabbi comforting mourners, and his scholarly appraisal of experts to help us understand what mourners truly need so that we can help them on their journey.”

—**Hartley Stern, M.D.**, *Professor of Surgery, University of Ottawa, Vice-President Cancer Program, Ottawa Hospital*

“**A**n invaluable guide . . . Readers who will find this work of tremendous benefit include people who are mourning or comforting a mourner . . .”

—**Rabbi Levi Meier, Ph.D.**, *Chaplain/Psychologist, Cedars-Sinai Medical Center*

“**R**abbi Bulka's book, *Turning Grief into Gratitude*, is an intensely personal account of, and set of reactions on his own processes of mourning. Both the narrative and the commentary are highly nuanced, subtle, wise—and moving in their directness and simplicity.”

—**Aviva Freedman**, *Professor of Linguistics and Applied Language Studies, Carleton University*

“**T**his book is comforting and informative with a gift for everyone.”

—**Dawn Brown**, *International Speaker & Author of That Perception Thing!*

“**H**e [Rabbi Bulka] provides insights into the true essence of supporting those who are grieving.”

—**Michael Allen**, *President & CEO, United Way-Centraide Ottawa*

“... a sensitive portrayal of the importance of family values and tradition in a world where these are too often forgotten.”

—**Dr. Jack Kitts**, *President & CEO, The Ottawa Hospital*